

SENSASIA®
— urban spa —

EMIRATES GOLF CLUB

This is **YOUR** TIME

Nestled right next to The Majlis Golf Course, SENSASIA® Urban Spa at Emirates Golf Club is a haven of tranquility for both men and women. Very close to Dubai's pockets of luxury living and family communities surrounding Emirates Hills, this popular spa is perfectly placed for a speedy pick-me-up or hours of endless body spoiling.

Opening Hours 9am - 10pm
Contact Number 04 417 9820

Every SENSASIA treatment includes a foot cleansing ritual, your own comfy robe, and slippers, access to our relaxation room, changing facilities, refreshments and our legendary ginger tea.

2023, 2024, 2025, & 2026 – FACT SPA & WELLNESS AWARDS BEST INDEPENDENT SPA IN DUBAI

2016, 2018, 2021, 2022, & 2024 – LUXURY LIFESTYLE AWARD BEST LUXURY SPA IN THE UAE

2021 & 2022 – INTERNATIONAL SPA & BEAUTY AWARDS BEST LUXURY CITY SPA

2018 & 2019 – PROFESSIONAL BEAUTY GCC DAY SPA OF THE YEAR

2012, 2013, & 2015 – MESPA BEST INDEPENDENT SPA



BUILD YOUR MASSAGE

STARTING FROM 90MIN

Includes: Consultation | Foot Cleansing Ritual | Tailor Made Massage | Enhancement of Your Choice | Signature Ginger Tea

OUR MASSAGE, YOUR WAY...

We're here to help script a completely unique spa experience that suits you, today, in this moment, knowing that tomorrow's tale could be totally different...

HOW *long* CAN YOU SPA FOR?

How much time do you have to spend with us?

WHAT'S YOUR *objective*?

Let's select a style of massage to match your main objective, whether that's to target pain, lessen the load of pregnancy or sheer indulgence.

WHERE SHOULD WE *focus*?

Should we lead you into a state of deep tranquility, guide your body to release its tension or combine our expert techniques to achieve both? You decide and we will follow.

AND FINALLY, SELECT YOUR *scent*

Your treatment can be truly tailored to match your mood in the moment based on the uplifting, unwinding or remedial bespoke SENSASIA® Signature essential oils.

ENHANCE YOUR MASSAGE

How can we perfectly punctuate your pamper time? From heated poultices exactly where you need them, to the 'Digital Relief' upper body stretch, and simple yet sumptuous additions such as warm massage candle, muscle-melting 'Magic Gel', or eye-brightening cucumber slices, we have a whole library of enhancements to turn your treatment time into a tale of total transformation.



RED LIGHT THERAPY

STARTING FROM 60 MIN

Your favourite massages, just got a cellular upgrade.

RED LIGHT THERAPY MEETS THERAPEUTIC MASSAGE TO CUT INFLAMMATION DEEPER, BOOST CIRCULATION FASTER, AND MAKE RELIEF LAST LONGER.

Available with The 'Knead'-It Massage, The Recovery Massage, Build Your Own Massage, and Lymphatic Drainage Massage.

SIGNATURE MASSAGES

Indulge in the ultimate relaxation experience with our curated selection of massages, meticulously designed to address a variety of concerns. Let our skilled therapists ease tension, alleviate stress, and promote overall well-being with personalized techniques tailored to your specific needs.



DEEP HOT STONE MASSAGE

90 MIN

Turn up the heat with this detoxifying, restorative massage that targets tired muscles and improves circulation. Heated river stones meet the healing power of expert touch to alleviate stiffness and settle body and mind into deep, lasting calm.

WARM CANDLE MELT MASSAGE

60/90 MIN

Transport your senses to a state of serenity. Aromatic massage candles infused with hemp seed oil, shea butter, and powerful essential oils are melted down and delicately poured over the body, providing therapeutic benefits including enhanced skin hydration and deep relaxation.

THE 'KNEAD'-IT MASSAGE

60/90/120 MIN

A mix of advanced targeted massage techniques to provide a deeply therapeutic and revitalising experience for your muscles. Perfect for relieving muscular tension, alleviating chronic pain, and promoting relaxation exactly where you **'KNEAD'-it**.

THAI YOGA STRETCH MASSAGE

60/90 MIN

A dynamic, stress busting, total body stretch. Step into custom-made Thai pyjamas for an invigorating oil-free massage session. Relieve tension, increase flexibility, and stimulate blood flow with this subliminal body workout.

BALIN-EASE MASSAGE

60/90 MIN

This therapeutic ritual uses long, comforting strokes that will relieve tension, stimulate blood flow, and balance both body and mind. Upgrade to the 90 minute experience to include gentle stretching for added joint mobility.

ENHANCE YOUR *experience*

LIGHT IT UP | THE ESSENTIAL EYES | THE COOLEST BALLS EVER |
FACE GYM | DIGITAL RELIEF | LED THERAPY MASK

MASSAGE WITH INTENTION

Crafted to target your body's unique needs, these specialised massages blend expert technique with purpose-driven touch - performed exclusively by our expert Thai therapist - delivering real, tangible results where you need them most.



LYMPHATIC DRAINAGE MASSAGE

60/90 MIN

Bloated, heavy, or stuck? You'll leave lighter, refreshed, and properly rebalanced. A slow, rhythmic massage that stimulates your body's natural detox system to flush out excess fluid and restore balance. Using feather-light, flowing movements - never deep pressure - this specialised treatment works with your lymphatic system's natural rhythm to reduce inflammation and ease that heavy, sluggish feeling.

MADEROTHERAPY

60/90 MIN

A body sculpting session using anatomically designed wooden tools that stimulate the lymphatic drainage system and apply targeted pressure to problem areas, helping to tone the skin and reduce the appearance of cellulite.

CHI NEI TSANG

60 MIN

Feeling heavy, physically or emotionally? This deep belly reset detoxes, de-bloats, and releases what you've been holding onto. Firm kneading works through blockages deep in your core, easing digestion, flush out toxins, and even help with water retention. Perfect for when you're feeling sluggish, stuck, or just need a little belly love to get things flowing again!

BUILD YOUR OWN MASSAGE

90/120/180 MIN

Unique to SENSASIA, this specialised massage treatment begins with a tailored consultation, where you can curate, customise and enhance your experience based on how you feel now, and how you want to feel post-treatment. Choose your scent, style, and stroke and we'll do the rest.

ENHANCE YOUR *experience*

NANO NEEDLING BOOST by pHformula | SCULPT & GLOW |
ESSENTIAL FACE | BEARD BUFF EXPRESS | LED THERAPY MASK

THE ULTIMATE RECOVERY

90 MIN

Take your recovery to another level with this unique blend of massage techniques to ease muscle soreness, improve range of motion and flexibility, and boost mood and energy levels. Combined with our heated herbal poultices, this performance enhancing massage will aid in flushing lactic acid out, and recovery in.

THE RECOVERY

60 MIN

Shrug off any post-workout tension with a powerful combination of stretching, kneading and acupressure massage techniques. Reduces inflammation and improves blood circulation, speeding up your recovery.

FLOW & SCULPT

60/90 MIN

This powerhouse pairing combines 60 or 90 minutes of full-body Lymphatic Drainage Massage with a 15 minute Lymphatic Drainage Facial Massage finale using pHformula's cool touch device. Together, they wake up your body's natural drainage network the one that gets sluggish from stress, travel, hormones, and yes, the AC running 24/7.

THE TOTAL SNATCH

90 MIN

This is your all-in sculpting session - combining a 45 minute Lymphatic Drainage Massage to flush excess fluid and reduce puffiness, 30 minutes of Maderotherapy to target stubborn areas and tone the skin, and a 15 minute Lymphatic Drainage Facial Massage finale using pHformula's cool touch device to define and lift your facial contours. ***Maximum impact. Real results.***

ENHANCE YOUR *experience*

MORE MASSAGE TIME PLEASE! | THE WORK-A-HOLIC | DIGITAL RELIEF
THE HOT PACK | THE ESSENTIAL EYES | FOOT MASSAGE

SPA TIME **FOR TWO**

Whether you seek serenity, revitalization, or pure indulgence, our couple's massages promise a transformative journey that fosters connection and blissful harmony. Experience bliss together with packages designed to rejuvenate both body and soul.



COUPLES WHO SPA TOGETHER

90 MIN

Take time out with your spa partner of choice, no questions asked, in our private couple's suite. A 90 minute Build Your Own Massage with Warm Massage Candle nourishes skin, finished with Cooling Cucumber and Ice Globes, leaving you refreshed and connected.

Includes: Foot Cleansing Ritual | Massage | Massage Enhancement | Facial Enhancement | Signature Ginger Tea

MUMMY & DADDY-TO-BE MASSAGE

90 MIN

She's got the bump, but he's feeling it too. Take time out together in our private suite: she gets our famed Nurturing Mother-To-Be Massage plus Lighter Legs with Cryo Gel, he unwinds with a Signature Massage of his choice, both finished with Cooling Cucumber and Ice Globes.

Includes: Foot Cleansing Ritual | Massage | Enhancement | Signature Ginger Tea

BLISS & BUBBLES

90 MIN

Relieve all kinds of tension with a massage for two, tailored to your needs. Beginning with a 60 minute SENSASIA Signature Massage of your choice, followed by uninterrupted quality time together with a 30 minute nourishing milk bath in the secluded candle lit couple's suite jacuzzi – priceless!

Includes: Foot Cleansing Ritual | Massage | Milk Bath | Signature Ginger Tea

ENHANCE YOUR *experience*

SOS FACE MASK | COCOA BUTTER | WARM MESSAGE CANDLE
THE HOT PACK | ESSENTIAL FACE | FOOT MASSAGE

SENS**MAMA**

Nurture both body and baby with our specialised pregnancy massage. Tailored to alleviate discomfort and promote relaxation, indulge in a soothing experience designed to support and pamper expectant mothers.



NURTURING MOTHER-TO-BE MASSAGE

60/90 MIN

Our bump-friendly massage is locally famed! Prevent stretch marks, relieve fatigue, hydrate the skin, and ease fluid retention using specialised massage techniques whilst slightly inclined on your side. Let us balance and revive your incredible body and mind.

MUMMY MASSAGE & MORE

120 MIN

Relax the maxed-out mum to be and feel the benefits before, during, and after the baby arrives. Take some time out to melt the stress and tension away with this decadent combination of our 60 minute Nurturing Mother-To-Be Massage followed by a Natura Bissé Skin Advanced Facial.

MORE FOR *mum*

LIGHTER LEGS

15 MIN

Enjoy an extended foot cleansing ritual that includes balancing salt scrub on the lower legs before the treatment gets going. Enhanced with the use of Natura Bissé Cryo Gel, wind down with a full leg lymphatic drainage massage focused on reducing swelling and improving circulation.

SCRUB A DUB MUM

30 MIN

Improve circulation with a stimulating body polish, scrubbing away dead skin cells in those hard to reach (or see) spots! Choose between the sweetly scented Sugar Daddy Body Buff or the soothing Coconut and Rose Exfoliate.

pHformula FACIALS

pHformula facials combine non-invasive skin resurfacing with active formulas to treat acne, ageing, redness, and pigmentation - without downtime. Each treatment is tailored to repair, renew, and reveal your healthiest skin.



NANO NEEDLING AGE DEFYING FACIAL BY pHformula

60 MIN

FIRM • SMOOTH • RENEW

For skin ready for its comeback story. Nano needling creates microscopic channels so our biomimetic concentrate actually penetrates, not just sits on top, infusing actives that stimulate collagen. Firmer, smoother, more radiant skin, with zero downtime.

ULTIMATE GLOW FACIAL BY pHformula

90 MIN

BRIGHTEN • HYDRATE • ILLUMINATE

A revitalising ritual for skin that's lost its spark, restoring radiance from the inside out with high-performance actives, vitamin-rich formulas, and fine-layer resurfacing. A gentle balm massage and cooling peel-off mask finish it with glass-skin glow.

SKIN DETOX FACIAL BY pHformula

90 MIN

DETOXIFY • REFINE • CLARIFY

This multi-step facial gives skin a complete reset: double cleanse, permeability booster, targeted resurfacing, and optional extractions unclog pores, while a detoxifying peel-off mask and SPF protect. Ideal for breakout-prone or tired skin, visibly clearer and radiant.

COMPLEXION CURE FACIAL BY pHformula

60 MIN

CLEANSE • REBALANCE • REFINE

For skin that's acting out and needs rebalancing. Double cleanse and targeted resurfacing treat blemishes, even tone, and refine texture, with extractions where needed. A hydrating mask restores moisture, your go-to for adult acne and hormonal flare-ups.

PREGNANCY GLOW FACIAL BY pHformula

60 MIN

CALM • HYDRATE • GLOW

Craving some calm? Created for expectant skin, this treatment uses pregnancy-safe ingredients to soothe sensitivity, calm inflammation, and bring radiance back. Soft resurfacing, vitamin nourishment, and a facial massage leave skin fresh, dewy, and well-rested.

TEEN ACNE CONTROL FACIAL BY pHformula

45 MIN

CLEANSE • DECONGEST • CALM

Designed specifically for teenage skin, this facial tackles excess oil, clogged pores, and breakouts gently. Deep cleanse, gentle resurfacing, and optional extractions target blocked pores, while a hydrating gel mask soothes. Clearer skin after just one session.

NATURA BISSÉ FACIALS

Luxury skincare meets advanced technology. High-concentration formulas and expert techniques tailored to your skin's needs, delivering visible results, deep hydration, and transformative age-defying benefits.



ADVANCED FACIALS

3D COLLAGEN FACIAL BY NATURA BISSÉ

90 MIN

FIRM • TIGHTEN • SCULPT

A firming treatment that utilizes three types of collagen to sculpt and define your facial contour, improve skin density and lock in moisture. This innovative facial provides an outstanding lifting effect and reveals incredibly supple and plump skin. It is a reparative treatment that will enhance cellular function to fight premature ageing caused by hormonal fluctuations.

INHIBIT FACE BY NATURA BISSÉ

60 MIN

LIFT • SMOOTH • PLUMP

This new beauty protocol combines the revolutionary Inhibit range with the most advanced facial massage technique to effectively soften wrinkles, reduce expression lines, and correct the signs of ageing. Neck and jaw line add-ons define angles and restore contour.

INHIBIT FACE & NECK LIFT BY NATURA BISSÉ

90 MIN

SCULPT • SMOOTH • PLUMP

This new beauty protocol combines the revolutionary Inhibit range with the most advanced facial massage technique to soften wrinkles and correct signs of ageing. This 90 minute experience adds neck, décolletage, and jaw line work to reinstate youthful contour.

DIAMOND REVIVE FACIAL BY NATURA BISSÉ

90 MIN

CORRECT • ILLUMINATE • HYDRATE

The Diamond Cocoon Facial you obsessed over, majorly upgraded. A chemical exfoliant customised to your skin refines texture and brightens, followed by an algotherapy mask that restores balance. Uneven tone corrects, luminosity supercharges, hydration floods in.

O2 RELAX FACIAL BY NATURA BISSÉ

60 MIN

PURIFY • OXYGENATE • REVITALISE

Awaken your skin with the fortifying energy of pure water and oxygen to decongest, brighten, and clarify. This exfoliating treatment releases oxygen molecules into skin, eliminating toxins and restoring youthful tone, ideal for frequent travelers or dull skin.

ENHANCE YOUR *experience*

SCULPT & GLOW | THE COOLEST BALLS EVER | DIGITAL RELIEF
SOS FACE MASK | LED THERAPY MASK | FOOT MASSAGE

CITRUS RADIANCE FACIAL BY NATURA BISSÉ

60 MIN

RENEW • MOISTURISE • BRIGHTEN

Replenish and restore vitality with the antioxidant power of Vitamin C. Reverse signs of premature ageing with this nutrient-rich facial that stimulates collagen, reduces inflammation, and intensely moisturises, unveiling a hydrated, revitalised complexion.

DIAMOND LUMINOUS FACIAL BY NATURA BISSÉ

90 MIN

CORRECTS • BRIGHTENS • REJUVENATES

This luxurious treatment helps blur dark spots and uneven pigmentation, evening out skin tone while providing age-defying benefits. Applied with Natura Bissé's exclusive precision brush and erasing technique, ideal for an immediate, radiant glow boost.

SKIN COMFORT FACIAL BY NATURA BISSÉ

60 MIN

SOOTHE • REPAIR • CALM

This calming facial is the perfect answer for hypersensitive or irritated skin. Pamper your skin with a combination of gentle botanical ingredients that repairs and decongests whilst visibly soothing skin, providing maximum relief and comfort from red spots and inflammation.

TEEN FACIAL BY NATURA BISSÉ

50 MIN

REFRESH • OXYGENATE • HYDRATE

A refreshing ritual focused on infusing oxygen deep into the pores to breathe life into youthful skin while providing a surge of hydration. Tailored specifically for teens, this gentle treatment targets dehydrated, dull, and acne-prone skin.

MAINTENANCE FACIALS

THE EXPRESS FACIAL

30 MIN

An Invigorating facial treatment that's perfect for all skin types and anyone looking to quickly restore a glowing youthful appearance. It's the perfect beauty booster before a special event or as an introduction to Natura Bissé facial treatments.

THE PREP-STEP FACIAL

45 MIN

Short on time but serious about results? This facial goes straight to the source: steam, extractions, and a deep cleanse to detox, decongest, and leave skin seriously smooth. Book an Advanced Facial 7 days later for real, radiant results.

PACKAGES

Much-loved, cult-followed, and continually demanded by our long-term clients. Our carefully curated packages are designed to elevate your relaxation experience to new heights. Experience the epitome of relaxation, where every moment is crafted to exceed your expectations and leave you craving more.



BLISSFULLY UNAWARE

180 MIN

Bask in the luxury of choice. Select a 90 minute Hot Stone or Warm Candle Melt Massage, then elevate with a rejuvenating Natura Bissé Advanced Facial tailored to your skin. Finish with The Essential Eyes or Cooling Cucumber with Ice Globes. Pure bliss.

Includes: Foot Cleansing Ritual | Choice of Massage | Advanced Facial | Choice of Enhancement | Signature Ginger Tea

THE ESSENTIAL SPA RITUAL

120 MIN

A complete journey into sensory heaven for face and body. This best-selling package combines a 60 minute Balin-Ease Massage with your choice of Citrus Radiance or O2 Relax Facial. Elevate further with Cocoa Butter or Cooling Cucumber with Ice Globes.

Includes: Foot Cleansing Ritual | Massage | Advanced Facial | Choice of Enhancement | Signature Ginger Tea

BEE MY HONEY

120 MIN

A seriously skin-softening session that begins with a sesame honey body polish to exfoliate and revitalise. You're then wrapped in warmth with a warm milk, sesame, and honey wrap, finished with a 60 minute Balin-Ease Massage using Maya's Secret Massage Oil.

Includes: Foot Cleansing Ritual | Body Polish | Body Wrap | Massage | Signature Ginger Tea

THE URBAN REPAIR

150 MIN

A must-have, luxurious 60 minute Balin-Ease Massage, expertly tailored to melt away urban stress, seamlessly paired with the prebiotic-packed, anti-ageing Diamond Cocoon Experience Facial by Natura Bissé. Cooling Cucumber with Ice Globes revives tired eyes.

Includes: Foot Cleansing Ritual | Massage | Advanced Facial | Facial Enhancement | Signature Ginger Tea

ENHANCE YOUR *experience*

FACE GYM | THE HOT PACK | MORE MASSAGE TIME PLEASE!
SOS FACE MASK | LED THERAPY MASK | COCOA BUTTER

URBAN LIVING

90 MIN

Today's urban lifestyle leaves our bodies clogged up and run down. A Body Polish of your choice exfoliates and softens the skin, followed by our popular 60 minute Balin-Ease Massage, leaving you energised and ready for the vibrant pulse of urban life.

Includes: Foot Cleansing Ritual | Body Polish | Massage | Choice of Enhancement | Signature Ginger Tea

THE LUXE COCO RITUAL

120 MIN

A sumptuous, skin-soothing treat for a tired body. A gritty coconut Body Polish exfoliates and softens to perfection, then a 90 minute Balin-Ease or Hot Stone Massage with pure coconut oil nourishes deeply. Add Cooling Cucumber with Ice Globes for more.

Includes: Foot Cleansing Ritual | Massage | Advanced Facial | Facial Enhancement | Signature Ginger Tea

SMOOTH & STONE'D

120 MIN

A totally indulgent, powerful massage that uses a combination of Thai yoga stretch techniques. Heated river stones, along with your choice of super skin-softening cocoa butter or our aromatic warm massage candle, work together to target tightly wound muscles and relax the entire body.

Includes: Foot Cleansing Ritual | Massage | Signature Ginger Tea

ENHANCE YOUR *experience*

SCULPT & GLOW | LED THERAPY MASK | ESSENTIAL FACE |
NANO NEEDLING BOOST BY PHFORMULA | THE HOT PACK

WRAPS & SCRUBS

Revitalize your skin and indulge your senses with our luxurious body wraps and scrubs. Experience the ultimate in exfoliation and hydration as our expert therapists pamper you with bespoke treatments designed to leave your skin radiant and rejuvenated.



SUGAR DADDY BODY BUFF

60 MIN

A vitamin E packed, skin softening mixture of brown sugar, sweet almond oil, and vanilla essence that is a sweet treat for the skin.

HOT SALT & PEPPER SCRUB

60 MIN

A strong exfoliate comprised of a detoxifying rock salt and ground black pepper mixture that stimulates and tones the skin.

SMOOTHED IN OUD

120 MIN

The full ritual, all of it. Oud black soap and tabrima herbs work during a head massage, then the kessa glove buffs away everything dull. Shower off impossibly smooth, then melt into a 60 minute oud oil massage that locks it all in.

WARM MILK & HONEY WRAP

60 MIN

The nourishing duo of milk and honey will perfect, hydrate and smooth the skin's appearance, giving you a youthful and natural glow.

COCONUT & ROSE BODY BUFF

60 MIN

Ideal for sensitive skin, this mixture of ground coconut, rose water, and sweet almond oil acts as a gentle exfoliator that will soothe and nourish the skin.

BUTTER ME BLOOMED

60/90 MIN

Wake up your skin with something bright and unapologetic. An argan and citrus scrub loaded with honey, shea butter, and orange blossom polishes, locked in with a rich shea butter back massage. Walk out glowing, hydrated, wrapped in a scent that follows.

LUXE LAVENDER RUB

60 MIN

This comforting combination of pure lavender essential oil, sweet almond oil, and brown sugar will soften the skin and ease tension.

KESSA ME SOFTLY

60 MIN

Strip away the dull stuff, literally. Oud black soap and tabrima herbs sink in during a head massage, then the kessa glove buffs away every dead skin cell you've been carrying around. Shower off to reveal skin that's impossibly smooth and glowing.

All body polishes follow with a refreshing shower in the comfort of your suite, topped off with a 20 minute back massage during the moisture application.



HOW TO SPA

OPENING HOURS

SENSASIA® Urban Spa - Emirates Golf Club is open every day from **9am to 10pm**

ETIQUETTE

SENSASIA® Urban Spa is a sanctuary for the senses. For the consideration of others, we request that visitors keep noise to a minimum, including mobile phones.

SPA ARRIVAL

We suggest that you arrive at least 20 minutes prior to your scheduled appointment to customise your treatment, change into your robe and slippers and complete a pre-treatment consultation.

UNDERWEAR, DO I OR DON'T I?

If you don't dig them for your massages then DON'T, but please DO for scrubs and wraps to avoid salts and things in the wrong places. Sorry gents, it's a MUST for all spa services.

SPA RESERVATION, CANCELLATIONS AND PAYMENT

To book your appointment, please contact the spa directly on **04 417 9820**

For online reservations, please visit our website: www.sensasiaspas.com. For maximum convenience and flexibility, we recommend scheduling your spa treatments in advance. All appointments can be guaranteed with a credit card.

For any cancellation or change of appointment, please notify us at least 12 hours before the scheduled time to avoid cancellation fees (100%). Cash and all major credit cards are accepted.

CONTRAINDICATIONS

Please let us know if you have any special health concerns when you complete the consultation on arrival. SENSASIA® Urban Spa reserves the right to refuse service to anyone if it is believed the treatment may worsen any existing condition.

NOW... THE TREATMENT

You'll always be draped with a towel that covers most of your body, but allows work in specific areas. You may experience a little soreness the day after a good massage – don't panic, some old kinks may have been worked out during the treatment.

All treatment rooms have their own volume and temperature controls, if you are uncomfortable at any time, please let your therapist know.

GIFT VOUCHERS

Gift vouchers can be purchased from the SENSASIA® Urban Spa reception.

AGE REQUIREMENTS

SENSASIA® Urban Spa is an adults-only sanctuary, welcoming guests aged 18 and above. Certain treatments are available for guests aged 15 to 17 when accompanied by an adult, but our services are not suitable for children under the age of 15. Please note that young children are not permitted in our treatment rooms.

Every SENSASIA treatment includes a foot cleansing ritual, your own comfy robe and slippers, access to our relaxation room, changing facilities, refreshments and our legendary ginger tea.

RED LIGHT THERAPY

Red light therapy meets therapeutic massage

	MIN	AED
LIGHT IT UP + LYMPHATIC DRAINAGE MASSAGE	60/90	530/660
LIGHT IT UP + BUILD YOUR OWN MASSAGE	90	750
LIGHT IT UP + THE RECOVERY MASSAGE	60	560
LIGHT IT UP + THE 'KNEAD'-IT MASSAGE	60/90	550/680

SIGNATURE MESSAGES

Our massages win awards, find out why...

	MIN	AED
DEEP HOT STONE MASSAGE	90	600
WARM CANDLE MELT MASSAGE	60/90	500/590
THE 'KNEAD'-IT MASSAGE	60/90/120	460/560/720
THAI YOGA STRETCH MASSAGE	60/90	460/560
BALIN-EASE MASSAGE	60/90	450/550

MASSAGE WITH INTENTION

Targeted massages tailored to what your body truly needs...

	MIN	AED
LYMPHATIC DRAINAGE MASSAGE	60/90	440/540
MADEROTHERAPY	60/90	440/540
CHI NEI TSANG	60	680
BUILD YOUR OWN MASSAGE	90/120/180	630/730/1160
THE ULTIMATE RECOVERY	90	600
THE RECOVERY	60	470
FLOW & SCULPT	75/105	510/610
THE TOTAL SNATCH	90	630

SPA TIME FOR TWO

Create memories with your partner of your choice...

	MIN	AED
COUPLES WHO SPA TOGETHER	90	1320
MUMMY & DADDY-TO-BE MASSAGE	90	1230
BLISS & BUBBLES	90	1390

Every SENSASIA treatment includes a foot cleansing ritual, your own comfy robe and slippers, access to our relaxation room, changing facilities, refreshments and our legendary ginger tea.

SENSMAMA

Nourish your mind, body, & soul during this precious phase of life...

	MIN	AED
NURTURING MOTHER-TO-BE MASSAGE	60/90	500/590
MUMMY MASSAGE & MORE	135	970
MORE FOR MUM (ADD-ONS)		
LIGHTER LEGS	15	130
SCRUB A DUB MUM	30	270

PHFORMULA FACIALS

Combine non-invasive skin resurfacing with active formulas

	MIN	AED
NANO NEEDLING AGE DEFYING FACIAL BY pHformula	60	740
ULTIMATE GLOW FACIAL BY pHformula	90	750
SKIN DETOX FACIAL BY pHformula	90	750
COMPLEXION CURE FACIAL BY pHformula	60	630
PREGNANCY GLOW FACIAL BY pHformula	60	630
TEEN ACNE CONTROL FACIAL BY pHformula	45	450

NATURA BISSÉ FACIALS

Luxury skincare meets advanced technology

	MIN	AED
ADVANCED FACIALS		
3D COLLAGEN FACIAL BY NATURA BISSÉ	90	750
INHIBIT FACIAL BY NATURA BISSÉ	60	630
INHIBIT FACIAL & NECK LIFT BY NATURA BISSÉ	90	750
DIAMOND REVIVE FACIAL BY NATURA BISSÉ	90	740
DIAMOND LUMINOUS FACIAL BY NATURA BISSÉ	90	910
O2 RELAX FACIAL BY NATURA BISSÉ	60	600
THE CITRUS RADIANCE FACIAL BY NATURA BISSÉ	60	600
SKIN COMFORT FACIAL BY NATURA BISSÉ	60	600
TEEN FACIAL BY NATURA BISSÉ	50	400

MAINTENANCE FACIALS

THE PREP-STEP FACIAL BY NATURA BISSÉ	45	380
THE EXPRESS FACIAL BY NATURA BISSÉ	30	270

Every SENSASIA treatment includes a foot cleansing ritual, your own comfy robe and slippers, access to our relaxation room, changing facilities, refreshments and our legendary ginger tea.

PACKAGES

Much-loved, cult-followed, & continually demanded...

	MIN	AED
BLISSFULLY UNAWARE	180	1290
BEE MY HONEY	120	810
URBAN LIVING	90	670
THE ESSENTIAL SPA RITUAL	120	980
URBAN REPAIR	150	1080
LUXE COCO RITUAL	120	780

WRAPS & SCRUBS

Stimulate, smooth, and perfect the skin...

	MIN	AED
SUGAR DADDY BODY BUFF	60	440
HOT SALT & PEPPER SCRUB	60	440
SMOOTH IN OUD	120	850
THE KESSA RITUAL	90	660
WARM MILK & HONEY	60	440
COCONUT & ROSE BODY BUFF	60	440
BUTTER ME BLOOMED	60/90	510/610
LUXE LAVENDER RUB	60	440
KESSA ME SOFTLY	60	550

SENSASIA®
— urban spa —

Emirates Golf Club
Sheikh Zayed Road
Dubai, United Arab Emirates

brought to you by

SENSASIA CONSULTING
THE SPA PEOPLE.